

Date:

Day 09 / 21

TODAY I OPERATED WITH...

(circle any that ring true)

no direction clarity uncertainty decision speed
 consideration delay hesitation confidence conviction
 doubt, worry distrust purpose, apprehension impulse
 anxiety dismay positivity negativity trust pessimism
 anger suspicion energy nerve confusion angst,
 gloom consistency attentiveness self-doubt cynicism
 belief fear gut feeling poise enthusiasm excitement
 motivation hope daring gratitude ruthlessness
 nerves charm

TOMORROW I WILL OPERATE WITH MORE...

(circle any that ring true)

clarity decision speed, onsideration confidence
 conviction purpose apprehension impulse positivity
 trust pessimism suspicion energy consistency
 attentiveness cynicism belief gut feeling poise
 enthusiasm excitement motivation hope daring
 gratitude ruthlessness nerve charm

